

Canyons Aquatic Club Registration

ver. 2020

Before your swimmer can enter the water, we need to make sure of their safety and skill level so they can be placed in a group that will let them learn and thrive. Please follow the directions below on how to join our team! If you are registering for Masters Swimming, no assessment is necessary, please go ahead to **Step 3** and register now.

If you are a returning member for Swim School or Competitive Swim Team, please contact the Canyons Office, office@canyons.org, for further instructions. Do not register without consulting the Canyons Office first.

Step 1 - Book Assessment

Before you book an assessment, please read some conditions for assessments:

Swim Lessons:

- If your swimmer is at a "Learn-to-Swim" level (this means no water experience, not water safe, and/or not comfortable in deep water) please proceed directly to **Step 3** and register for a Learn-to-Swim class.
- Summer Splash lessons do not require an assessment. Please proceed to Step 3.

Competitive Swim Team:

 Assessment for the competitive swim team is mandatory unless you can provide previous times achieved under USA Swimming sanctioned meets. Please email the Canyons Office, office@canyons.org, your information and times.

To Book an Assessment:

Go to <u>canyons.org</u> and go to "Join Now!" in the navigation bar at the top of the webpage. Scroll down to Step 1 and select your assessment. You can then book a date and time for your assessment. Please complete the guestionnaire at the end of the process.

Step 2 - Complete Assessment

All assessments will be held at the College of the Canyons Pool. (Directions on back of page) Once your assessment is booked, please arrive 10 minutes early for your assessment. Please check into the Canyons Office (to the right of the COC Head Coach's Office). At the time of your assessment, an assessor will come to find you and your swimmer to perform the assessment. Please make sure your swimmer has there swimming suit on and their goggles ready! Here is what to expect during the assessment:

Swim Lessons: During the assessment, the coach will determine what level the swimmer should be placed in. What determines placement is skill, comfort level, and age. Again, if the swimmer is a new learn-to-swim swimmer (no water experience, not water safe, and/or not comfortable in deep water), you may go ahead a register for the "Learn-to-Swim" classes in Step 3. We will not perform an assessment for new learn-to-swim swimmers.

Competitive Swim Team: Swimmers must demonstrate proficiency in two competitive strokes. If your swimmers is not yet at this level, swimmers will be placed in a swim lesson level to help build their knowledge, comfort, or endurance level. During the competitive swim team assessment, swimmers will be expected to complete the following with relative comfort and basic understanding:

25 Yard (1 lap lengthwise) Freestyle

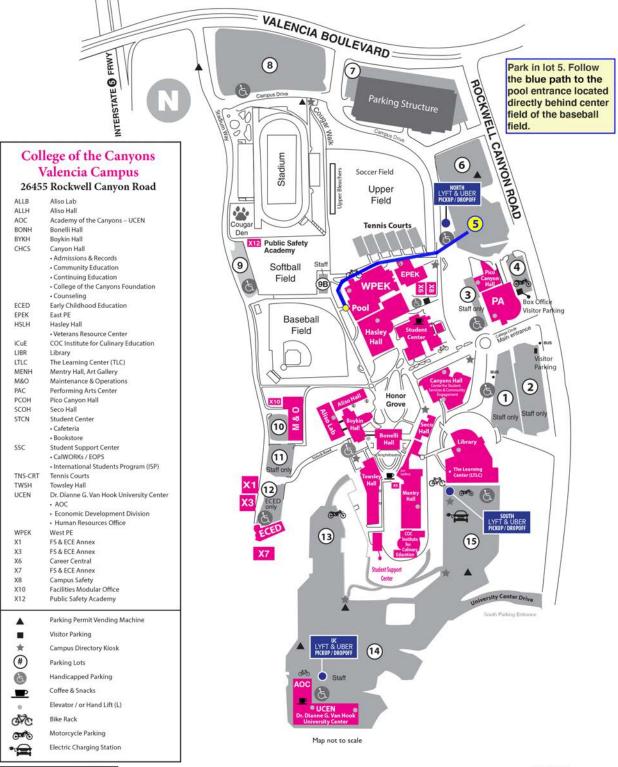
25 Yard Backstroke

Once your assessment has been completed with Canyons and you have received your welcome packet from the Canyons Office, please proceed to **Step 3**.

Step 3 - Complete Assessment

You are almost done. Please only register once you have completed your assessment and have received your welcome packet. Once your child has had an assessment and you know what group they are in, please go ahead and register. Again go the "Join Now!" On the <u>canyons.org</u> webpage and register at the bottom of the page. You will be taken to our registration and your future account login site. Please follow the directions on the registration page.







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